

Pacific BREEZE®

Smell Good Guys® since 1973

DECEMBER & JANUARY 2023 NEWSLETTER NO. 120

**THIS WINTER SEASON STAY
HOLLY & MERRY
WITH FROSTED BERRY**

SAVE ONLINE!
CHECK OUT OUR
ONLINE ONLY DEALS!
Read more inside...



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Smell Good Guys® since 1973



EVERYONE'S FAVORITE WINTERTIME VACBAR®

Bring home winter memories for the Holiday season!

Frosted Berry VacBar® Odor Eliminator

Meet the VacBar® and smell the greatness with our sweet-selling flavors!

The best use it everywhere and anywhere bar.

VacBar® will eliminate all the old dusty smells through oxidation.

We use a formulation of high quality odor counteractants that actually kills malodors, and then imparts a pleasant, essential oil fragrance.

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HEALTH & LIVING

BECOMING A BETTER YOU!

Here are 5 ideas to start the new year right that don't involve dieting or a crowded gym.

1. Food: Make more homemade foods during the week. If you cook three days out of the week, shoot for four. Try to avoid pre-packaged foods that contain chemicals and ingredients that you can't pronounce. This will help your pocket book in the long run when you can purchase in bulk. Eating out can add up especially when you are paying for a family. Need inspiration? Websites like Pinterest have any and every recipe you could ever want.

2. Organize: Purge your closet. Organize your clothes by season and put the out of season clothes in tubs. When the season arises pull out the tub and try to wear everything in that tub at least once. You will see which clothes you didn't wear and should be donated.

3. Intellect: Read more. Remember those paper sheets with thousands of small words on them bound by a spine called books? Put down your social media and read something that interests you. Something that takes longer to read than a brief news article or a short blog. Educate yourself on something that expands creativity and takes you away from your everyday life.

4. Routine: Create a positive habit. Find something that you wish you would do or a mindset you wish you would have and go for it. It is better to think about building good habits than breaking bad habits. Building good habits puts you in a positive mind set and doesn't allow you to focus on the negative parts of your life. Examples of good habits: Get "blank"

hours of sleep, get ready for work or school the night before, or try to remain calm while driving.

5. Savings: It's never too late to start saving. Find a financial plan that works for your budget. There are 1,000 and 1 different plans you can read for free online that will work for you no matter how much you make. Keep a journal or log so you can monitor your progress. It could be as little as eating out one less day a week or making your own coffee at work instead of the drive thru.



JOKES OF THE MONTH

HA-HA-HAVE A LAUGH

Q: When I grow I come closer to the ground. A: An icicle!

Q: How do you prevent a Summer cold? A: Catch it in the Winter!

Q: What did the snowman say to the customer? A: Have an ice day!

Knock Knock

Who's there?

Snow

Snow who?

Snow use. I forgot my name again!

WINTER ACTIVITIES

HOME TIDYING & CLEANING TIPS

Since it is winter, you most likely wont have to do much yard work, but you may have some tidying up to do around the house. Heres a list of household cleaning reminders that we appreciate.

Wipe your windows down with glass and plastic window cleaner. Cleaning your windows on a

cool day helps with preventing streaks.

Light fixtures throughout can be easily overlooked. Try using a damp cloth or microfiber towel to attract the dust.

Take a moment to inventory and clean out your kitchen cabinets and refrigerator. Food gets pushed around to the back and is forgotten. Throw out any expired or spoiled food, and clean your shelving with spray and wipe cleaner.

Gutters can quickly pile up during the winter season with compost material. Emptying them out can help fix draining and moisture problems.

MAKE IT AT HOME

YUM YUM SAUCE FOR TEPPANYAKI

Quickly put together this "yum yum" sauce that you can serve with some Teppanyaki and rice!

Ingredients:

- 48g - 4 Tbsp salted butter
- 230g - 1 cup Kewpie Mayo
- 120 ml whip cream
- 2tsp rice wine vinegar
- 24g ketchup
- 23g sugar
- 3g kosher salt
- 3g garlic powder
- 3g onion powder
- 2g white pepper
- 2g fine ground black pepper
- 1 gram sweet paprika

Instructions:

1. Melt butter in double boiler.
2. Add the spice and bloom.
3. Add everything and cook for 3 minutes.
4. Refrigerate and serve at your next meal!





TRY OUT PACIFIC BREEZE® HOME

TRY PACIFIC BREEZE HOME!

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THE PACIFIC BREEZE EXPERIENCE

Pacific Breeze was founded in 1973 and since then, Pacific Breeze has been providing businesses with products and services ranging from odor control to office supplies becoming an established industry leader. To ensure that our status in the industry is maintained, we at Pacific Breeze demand the highest quality in our products, service, and vendors.